

List of Values

Acceptance

Favorable reception or belief in something

Accomplishment

Doing or finishing something successfully

Accountability

Obligation or willingness to accept responsibility

Adaptability

The ability to modify behavior to fit changing situations

Adventurousness

Inclination to undertake new and daring enterprises

Allegiance

Loyalty or the obligation of loyalty

Altruism

Unselfish concern for the welfare of others

Ambition

An eager or strong desire to achieve something

Appreciation

Recognizing the quality, value or significance of people and things

Aspiration

A strong or persistent desire for high achievement

Assiduousness

Unceasing; persistent; diligent

Authenticity

The quality or condition of being trustworthy or genuine

Autonomy

The condition or quality of being independent

Benevolence

An inclination to perform kind, charitable acts

Camaraderie

Goodwill and lighthearted rapport between or among friends

Caring

Feeling and exhibiting concern and empathy for others

Changeability

The ability to modify or adapt to differing circumstances

Charity

Generosity toward others or toward humanity

Chastity

The condition of being of virtuous character

Cheerfulness

The quality of being cheerful and dispelling gloom

Citizenship

Exercising the duties rights, and privileges of being a citizen

Clear thinking

Acting intelligently without mental confusion

Collaboration

To work cooperatively especially in a joint intellectual effort

Commitment

Being bound emotionally or intellectually to a course of action or to another person or persons

Community

Sharing, participation, and fellowship with others

Compassion

Deep awareness of the suffering of others coupled with the wish to relieve it

Competence

The state or quality of being adequately or well qualified

Competitive

To strive to do something better than someone else

Composure

Maintaining a tranquil or calm state of mind

Concern

Regard for or interest in someone or something

Conscientiousness

The trait of being painstaking and careful

Consideration

Process of employing continuous, careful thought and examination

Consistency

Reliability or uniformity of successive results or events

Constancy

Steadfastness in purpose

Cooperation

The willing association and interaction of a group of people to accomplish a goal

Courage

The state or quality of mind or spirit that enables one to face danger, fear, or vicissitudes with confidence and resolution

Courtesy

Civility; consideration for others

Credibility

The quality or power to elicit belief

Decency

Conformity to prevailing standards of propriety or modesty

Dedication

Selfless devotion of energy or time

Democracy

The principles of social equality and respect for the individual within a community

Dependability

The trait of being reliable

Determination

Firmness of will, strength, purpose of character

Diversity

A point of respect in which things differ; variety

Easygoing

Relaxed or informal in attitude or standards

Education

Obtaining or developing knowledge or skill through a learning process

Efficiency

The quality of producing an effect or result with a reasonable degree of effort to energy expended

Empathy

Identification with and understanding of another's situation, feelings, and motives.

Encouragement

The act of incitement to action or to practice

Equality

The right of different groups of people to receive the same treatment

Equity

The state, quality, or ideal of being just, impartial, and fair

Ethics

The way people behave based on how their beliefs about what is right and wrong influence behavior

Excellence

State of possessing good qualities in an eminent degree

Fairness

Consistent with rules, logic, or ethics

Faith

Confident belief in the truth, value, or trustworthiness of a person, idea, or thing

Faithfulness

Adhering firmly and devotedly to someone or something that elicits or demands one's fidelity

Fidelity

Faithfulness; loyalty or devotion

Flexibility

Responsive to change

Forgiveness

The willingness to stop blaming or being angry with someone

Fortitude

The strength or firmness of mind that enables a person to face danger, pain or despondency with stoic resolve

Friendship

A relationship between people based on mutual esteem and goodwill

Generosity

Liberality in giving or willingness to give

Gentleness

The quality of being mild and docile

Genuine

Not spurious or counterfeit

Giving

Voluntarily transferring knowledge or property without receiving value in return

Goodness

Morally right, or admirable because of kind, thoughtful, or honest behavior

Goodwill

A friendly attitude in which you wish that good things happen to people

Gratitude

A feeling of thankfulness and appreciation

Hardworking

Industrious and tireless

Helpfulness

The property of providing useful assistance or friendliness evidence by a kindly and helpful disposition

Honesty

Fairness and straightforwardness of conduct

Honor

Principled uprightness of character; personal integrity

Hope

The feeling that something desired can be had or will happen

Humility

Feeling that you have no special importance that makes you better than others

Industriousness

The characteristic of regularly working hard

Ingenuity

Inventive skill or imagination

Initiative

Ability to begin or to follow through energetically with a plan or task

Integrity

Strict adherence to moral values and principles

Joy

Intense or exultant happiness

Justice

Conformity to moral rightness in action or attitude

Kindness

The quality or state of being beneficent

Law-abiding

Abiding by the encoded rules of society

Liberty

The right and power to act, believe, or express oneself in a manner of one's own choosing.

Love

A feeling of intense desire and attraction toward a person or idea

Loyalty

A feeling or attitude of devotion, attachment and affection.

Mercy

Forgiveness shown toward someone whom you have the power to punish

Moderation

Having neither too little or too much of anything

Morals

Individual beliefs about what is right and wrong

Obedience

Compliance with that which is required; subjection to rightful restraint or control.

Opportunity

Favorable or advantageous circumstance or combination of circumstances

Optimism

A bright, hopeful view and expectation of the best possible outcome

Patience

The ability to accept delay, suffering, or annoyance without complaint or anger

Peace

Freedom from war or violence

Perseverance

Steady persistence in adhering to a course of action, a belief, or a purpose

Promise-keeping

Keeping your word that that you will certainly do something

Prudence

Doing something right because it is the right thing to do

Punctuality

Adherence to the exact time of a commitment or event

Purity

Moral goodness

Reason

The ability to think and make good judgments

Recognition

An acceptance as true or valid

Reconciliation

Enabling two people or groups adjust the way they think about divergent ideas or positions so they can accept both

Reliability

Consistent performance upon which you can depend or trust

Repentance

Remorse or contrition for past conduct

Resilience

The ability to rebound quickly from misfortune or change

Resourcefulness

The ability to act effectively or imaginatively, especially in difficult situations

Respect

Polite attitude shown toward someone or something that you consider important

Responsibility

That for which someone is responsible or answerable

Righteousness

The state of being morally upright; without guilt or sin

Sacrifice

To give up something for something else considered more important

Self-control

Control of personal emotions, desires, or actions by one's own will

Self-discipline

Making yourself do things when you should, even if you do not want to do them

Sensitivity

Awareness of the needs and emotions of others

Serenity

Calmness of mind and evenness of temper

Sharing

To allow others to participate in, use, enjoy, or experience jointly or in turns

Sincerity

Genuineness, honesty, and freedom from duplicity

Sobriety

Habitual freedom from inordinate passion or overheated imagination; calmness; coolness; seriousness

Stamina

The physical or mental strength to do something for a long time

Stewardship

The careful conducting, supervising, or managing of something

Supportive

Furnishing support or assistance

Thoughtfulness

The tendency to anticipate needs or wishes

Tolerance

Recognizing and respecting the beliefs or practices of others

Tranquility

A state of calm and peacefulness

Trustworthiness

The trait of deserving confidence

Understanding

Knowing how something works or a positive, truthful relationship between people

Values

Core beliefs that guide and motivate attitudes and actions

Virtue

Doing something right because it is the good thing to do

Wisdom

The ability to make good judgments based on what you have learned from your experience

Work

Perform as intended or desired